

MADRONA MINDBODY

I N S T I T U T E

soulmotion:
on the path

YOUR RETREAT FOR CONSCIOUS DANCE
PORT TOWNSEND, WASHINGTON

S O U L M O T I O N T M W O R K S H O P W E E K E N D

L E G E N D A R Y G A T H E R I N G P L A C E

on the path

Soul Motion™ with Michael Molin-Skelton
April 9-11, 2010
at Madrona MindBody Institute

*...and the world cannot be discovered by a journey of miles,
no matter how long, but only by a spiritual journey,
a journey of one inch, very arduous and humbling and joyful,
by which we arrive at the ground at our feet,
and learn to be at home. —Wendell Berry*



Wherever you are on the path, wherever you are on your journey, 'wherever you are, it is the entry point.' Using presence of movement and pause we will begin again from the hallowed ground we stand on. We will journey alone/together through the portals, platforms and points of view of soulmotion, with agility and fragility, using ritual to overturn the habitual, to discover the movement madness of the soul.

Michael reaches through dance rather than teaches to dance; his work, Spiritweaves, is birthed out of the 5Rhythms® & Soul Motion.™
www.SpiritWeaves.com

Workshop Tuition: \$285

Tuition & On-site Accommodations Packages: www.MadronaMindBody.com



Enter into a spirited engagement:

- In Madrona MindBody's beautiful movement studio, your sanctuary for conscious dance and living.
- While peacefully nestled within Fort Worden State Park.
- In the "City of Dreams" Port Townsend, WA, a scenic trip from Seattle.

FOR MORE INFORMATION AND TO REGISTER VISIT:

www.MadronaMindBody.com
360.344.4475